

It May Be the Flu, but It May Be Lyme Disease

Lyme Disease often goes undiagnosed as the symptoms often mimic the flu. When symptoms last several weeks, those signs should be followed up with a blood test. Lyme Disease is typically treated with doxycycline. This antibiotic, however, is not always effective, especially with the many co-infections of Lyme, such as Borellia, Bartonella, Babesia, Rickettsia and Rocky Mountain Spotted Fever.

According to the Center for Disease Control (CDC), an estimated 300,000 Americans are diagnosed with Lyme Disease each year, and the numbers are rising. Although it is believed that Lyme is a result of a tick bite, the infectious bacteria can be spread by other biting or blood-sucking insects, including mosquitoes, spiders, fleas and mites.

Common effects of tick bites include an itchy "bull's-eye," but this rash only occurs in about half of those infected. Other symptoms include unrelenting fatigue, recurring fever, headaches/migraines and achy muscles and joints.

For six years Pauline suffered with various ailments, including muscle aches, joint pains, brain fog, extreme fatigue and unrelenting headaches. Her primary care physician diagnosed Lyme Disease, prescribed doxycycline, and notified her several weeks later she was successfully treated for Lyme. An appointment with a Rheumatologist for her "arthritic" condition resulted in a prescription for antidepressants, a side effect of dealing with the pain. Pauline



Dr. Rochelle Bien & Dr. Michael Goldstein

felt her life was slowly slipping away. A referral to the Holistic Center at Bristol Square set her on a new path. At the center Pauline was diagnosed with Bartonella, a co-infection of Lyme, and was treated homeopathically for the strain as well as for her other related health issues. Within three months, Pauline's life

started to return. Today, she is virtually symptom free and enjoying her life free of pain and fatigue.

If you suffer from Lyme Disease, don't delay, call the Holistic Center at Bristol Square today (508) 660-2722 and schedule an appointment with Dr. Bien or Dr. Goldstein.